



Senior Resource Guide

"It is with great pleasure that I present this resource guide for older adults in Allegheny County. Seniors are a tremendous asset to our region and it is my priority to ensure that you are aware of all of the services that are available to you. My office and I are always here to help you and your neighbors navigate government programs and locate resources."

Allegheny County Controller
COREY O'CONNOR

COMMUNITY CENTERS

Allegheny County is fortunate to have so many community centers across the region to serve our seniors. To find the location nearest to you, please contact the **Senior Line** at **412.350.5460**.

SENIOR LINE

Area Agency on Aging

SeniorLine's information and assistance call center is a great place to start whether you are looking for information or services for older adults.

They have highly skilled care managers who can answer your questions and begin the process of receiving services for you.

● **Senior Center Activities**

● **Transportation**

● **Care Management**

● **Pharmaceutical Assistance**

● **Support for Caregivers**

● **Utility Assistance**

● **In-Home Services**

● **Property Tax/Rent Rebates**

● **Housing**

● **Companionship Program**

The SeniorLine is also the best place to start the process for receiving services from the Allegheny County Area Agency on Aging.

Phone **412.350.5460**

In-Person **Birmingham Towers**
(Weekdays) **2100 Wharton Street, 2nd Floor**
 Pittsburgh PA 15213



HEALTHCARE RESOURCES



pennsylvania
Medicare Education and
Decision Insight

Pennsylvania's State Health Insurance Assistance Program (SHIP) can be found locally as PA MEDI. PA MEDI was developed by the Pennsylvania Department of Aging to assist residents in understanding their Medicare benefits. MEDI operates in Allegheny County in partnership with Wesley Family Services.

412.661.1438



PHLP will help you overcome barriers to accessing healthcare coverage and services.

412.434.5779
phlp.org



**OLDER ADULT
PROTECTIVE SERVICES**

If you suspect that an adult over the age of 60 years is being abused or is a victim of neglect please report your concerns by calling a number below.

412.350.6905
800.344.4319
800.490.8505



TRANSPORTATION OPTIONS

If you are interested in transportation services, please visit your senior center for more information.

PRT BUS, INCLINE & T-RIDES

Free transportation for citizens over the age of 65. You must have a Medicare card, PRT Free Bus Pass, or PRT Connect Card.

ACCESS 65 PLUS

*Visit a senior center or call **412.562.5353** to sign up. You can also call **800.654.5984** to request an application. There are no limits on location (within 1.5 miles of Allegheny County or usage. Riders pay fare).*

OLDER PERSONS TRANSPORTATION (OPT)

*Visit a senior center or call **412.350.5460** to sign up. Persons between the age of 60 - 64 need a prior authorization from the Area Agency on Aging. Limits*



EMPLOYMENT OPPORTUNITIES

URBAN LEAGUE OF PITTSBURGH EMPLOYMENT & TRAINING DEPARTMENT

412.227.5021
ulpgh.org

AARP FOUNDATION'S SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

aarp.org/work/

UTILITY ASSISTANCE

The cost of utilities is steadily rising, making it difficult for those on fixed incomes to manage and budget for.

You or someone you know may benefit from home energy cost assistance. Companies offer a variety of programs to help you budget your monthly payments, pay seasonal energy bills, catch up on past-due payments, or avoid service disconnections.

Learn about programs and assistance available in your area based on your location, household size, and income.



firstenergycorp.com/west_penn_power.html

800.686.0021



duquesnelight.com

412.393.7100



papowerswitch.com



alleghenycontroller.com/liheap.html

866.857.7095



Controller's Office Utility Information Hotline

412.350.4664

FOOD PROGRAMS

● **Farmers' Market Vouchers**

412.350.4219 - provides \$24.00 in vouchers, redeemable at local farmers' markets & farm stands. Vouchers are redeemable through November.

● **Home Delivered Meals**

412.350.5460 - you can receive five nutritious, balanced meals delivered to your home every week.

● **Senior Box Program (Greater Pittsburgh Community Food Bank)**

412.460.3663, ext. 268 - provides shelf-stable foods, such as canned vegetables, fruit & juice, protein, pasta, and cereal. Photo ID and proof of income is required.

● **Senior Center Lunches**

Many centers serve lunch mid-day, Monday through Friday. Meals are nutritious and may be adjusted for dietary restrictions.

QUICK CONTACTS

SENIOR LINE

412.350.5460

AARP

800.775.6776 | 412.271.1580

Access 65+

412.562.5353

**Controller's Office Utility
Info Hotline**

412.350.4664

**Greater Pittsburgh Community
Food Bank**

412.460.3663

LIHEAP

412.562.0330

Older Adult Protective Services

412.350.6905

**Older Persons Transportation
Program(OPT)**

412.562.5385

PA Health Law Project

412.434.5779

PA Medi

800.783.7067

For further assistance, call the Senior Line, who can provide assistance with other County resources.



**Allegheny County
Controller's Office
COREY O'CONNOR**

The County's Fiscal Watch Dog

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Phone 412.350.4660

Email info@alleghenycontroller.com

Website alleghenycontroller.com